

Course Title & Brief Overview	Date & Registration	Course Leader
PAGE 1 OF 3	All courses are in-person unless otherwise stated. Open to MIDWEST area only	
<p>Creating Awareness Around Vaping ONLINE</p> <p>This information workshop aims to create awareness around vaping. Exploring nicotine as an addiction, while also examining public policy. The training is targeted at workers from community, voluntary and statutory sectors including social care, youth and community, school support staff etc. This session is delivered in partnership with the MWRDAF and the HSE Midwest Health and Wellbeing.</p>	<p>ONLINE</p> <p>Wednesday 18th February 10:30pm – 12.00pm</p> <p>REGISTER HERE</p>	<p>Sancha Power, PhD, Education Officer, HSE Midwest Drug & Alcohol Services, and Mary McMahon HSE Health and Wellbeing, Helen Ryan, Midwest Regional Drug and Alcohol Forum (MWRDAF)</p>
<p>Introduction To Motivational Interviewing For Changing Addictive Behaviours, Introduction To Clinical Skills (2 day)</p> <p>Explore the fundamental spirit and principles of MI; strengthen your empathic listening skills (OARS); understand and practice the directive aspects of MI; experience and practice MI style for meeting resistance and learn the fundamental language cues of change talk & sustain talk (resistance).</p>	<p>Ennis, Tuesday 24 & Wednesday 25 February 10am – 4pm</p> <p>REGISTER HERE</p> <p>Limerick, Tuesday 9 & Wednesday 10 June 10am – 4pm</p> <p>REGISTER HERE</p>	<p>Anna O'Neill, Education Officer, HSE Midwest Addiction Services, Member of Motivational Interviewing Network of Trainers (MINT)</p>
<p>Opioid Overdose Awareness & Naloxone® Administration Module 2 Training</p> <p>Aim of this blended course is to provide frontline workers with the knowledge and skills to understand, recognise and respond to an opioid overdose.</p> <p>Note: Basic CPR training certification and Module 1 is a pre-requisite for attendance at this course. Module 1 (eLearning) & registration for Module 2 (in person) is now available directly on HSElanD (you can find the module by using the “search a module” tool with the key word “naloxone”</p>	<p>Limerick City</p> <p>Tuesday 3rd March 10am – 12pm Tuesday 26th May 10am – 12pm</p> <p>REGISTER ON HSELAND or general enquiries to deirdre.odonoghue4@hse.ie</p>	<p>Deirdre O'Donoghue, Education Officer, HSE Midwest Addiction Services</p>
<p>2-day Introduction to Understanding Substance Use & Dependency</p> <p>Aim of the course is to gain a basic understanding of substance use, dependency and related issues, including basic drug awareness, spectrum of use, various aspects of change, effects on family members, local services available and treatment approaches they offer.</p>	<p>Limerick City</p> <p>Tuesday 24th & Wednesday 25th March 10am – 4pm</p> <p>REGISTER HERE</p>	<p>Deirdre O'Donoghue, Education Officer, HSE Midwest Addiction Services</p>

BOOKING SYSTEM

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Use the [REGISTER HERE](#) link beneath the course dates for the course you wish to book.

A completed registration does not confirm a training place. Confirmation will follow at the earliest opportunity. Queries can be sent to Sharon Lavery sharon.lavery1@hse.ie 065 6865852

Please circulate this information to colleagues in your own and other agencies as appropriate.

Courses are FREE.

Online events will open 20 minutes before start time to allow people to set up and join.

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<p>Creating Awareness: An Introduction to the Opioid Substitution Treatment Clinic (Midwest) – WEBINAR ONLINE</p> <p>This information session is designed for staff working with clients who wish to access or are already supported by from the OST clinic in the HSE Midwest Drug & Alcohol Service. It will offer staff an insight into the care pathway for those clients, as well as an overview of the supports offered.</p>	<p>ONLINE Tuesday 21st April 10.30am – 12pm</p> <p>REGISTER HERE</p>	<p><i>Deirdre O'Donoghue, Education Officer, HSE Midwest Addiction Services</i></p>
<p>Navigating Support: Drug and Alcohol Services in the Midwest Region - WEBINAR ONLINE *NEW*</p> <p>A new online information and education session, exploring the different types of drug and alcohol services and support currently available in the midwest. The session will examine how services work, who they support, how to access their support, or how to engage others. The session is open to everyone; loved ones, family members, GP practitioners, teachers, parents, 3rd level, An Garda Síochana, colleagues in the HSE along with those working in the community and voluntary sector also.</p>	<p>ONLINE Tuesday 28th April 10.30am – 12.00pm</p> <p>REGISTER HERE</p>	<p><i>Rionach Power, Development Officer, Midwest Regional Drug and Alcohol Forum (MWRDAF)</i> <i>Sancha Power, PhD, Education Officer, HSE Midwest Drug & Alcohol Services</i></p>
<p>Putting the Pieces Together Drug Education Resource for Out of School Settings</p> <p>This manual by the Western Regional Drug Task Force provides an excellent framework for delivering drug education programmes in out of school settings to young people aged 10+, with some parent & community sessions included. It is also useful for those with poor literacy skills. Group facilitation skills are a requirement for applying. Applicants should work in a training/education or youth work role.</p>	<p>Limerick City Tuesday 19th and Tuesday 26th May, 9.30am – 5.00pm 2 FULL DAYS TRAINING, one day per week</p> <p>REGISTER HERE</p>	<p><i>Rionach Power, Development Worker, Midwest Regional Drug & Alcohol Forum</i></p> <p><i>Sancha Power, PhD, Education Officer, HSE Midwest</i></p>
<p>Substance Use in Pregnancy: Practitioner Issues (repeat of January 2025 event)</p> <p>Exploring the risks associated with substance use in pregnancy, considering maternal and infant health. With a focus on care pathways in the Midwest for women and their families including key working and case management. This workshop is suitable for staff of maternity services, TUSLA and allied agencies such as addiction and homeless organisations.</p>	<p>Limerick, Wednesday 20th May 9.45am – 1.30pm</p> <p>REGISTER HERE</p>	<p><i>Stacey Kelly, CMM2 Drug & Alcohol Liaison Midwife, HSE Midwest; Justin Gleeson, Addiction Liaison Midwife, HSE West; Maria Gibbons, Perinatal Mental Health Team, UMHL; Helen Ryan, Co-ordinator, MWRDAF</i></p>

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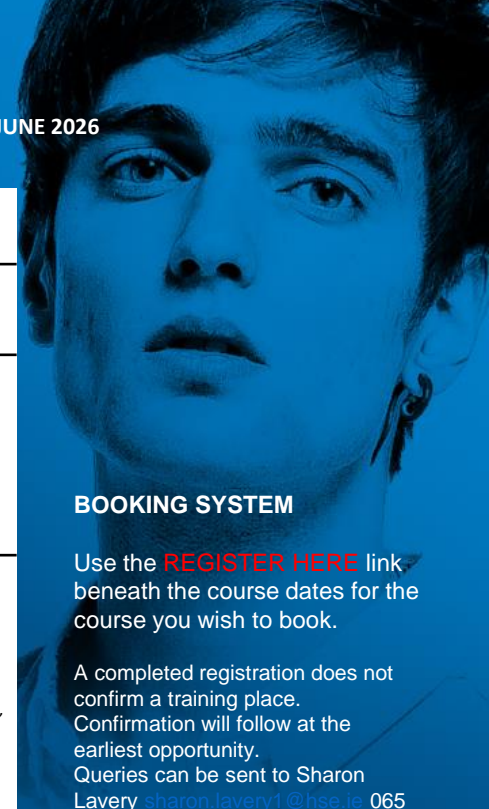
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<p>Creating Awareness Around Cocaine WEBINAR ONLINE *NEW*</p> <p>This information workshop aims to update and create awareness around cocaine. The webinar will explore cocaine, in all its various forms. The training is targeted at workers from community, voluntary and statutory sectors including social care, youth and community, school support staff etc.</p>	<p>ONLINE Wednesday 11th June 2026, 10.30am – 12.00pm</p> <p>REGISTER HERE</p>	<p><i>Sancha Power, PhD, Education Officer, HSE Midwest Drug & Alcohol Services</i></p>
<p>SAOR © Training in Screening & Brief Intervention for Alcohol and Substance Use</p> <p>SAOR (Support, Ask and Assess, Offer Assistance, Refer) offers a step-by-step guide for practice, to guide workers in using a person-centred approach throughout their conversation, encounter or engagement with a person using their service. SAOR supports workers from their first point of contact with a person to enable them to deliver brief interventions and to facilitate those presenting with more complex needs.</p>	<p>Wednesday 17th June 10am – 4pm</p> <p>REGISTER HERE</p> <p>Note: This course requires a 90 minute pre-training online module to be completed on www.hseland.ie</p>	<p><i>Sancha Power, PhD, and Anna O'Neill, Education Officers, HSE Midwest Addiction Services</i></p>
<p>Intermediate Motivational Interviewing For Changing Addictive Behaviours, 2 Day Clinical Skills Training This training will take participants from a basic understanding of the model to a richer grasp of both the essence of this way of engaging clients/patients and the specific evidence base that supports this as one of the more effective ways of promoting change in a brief but lasting and meaningful context.</p> <p>Note: This course may only be requested by those who have already completed Introduction to Motivational Interviewing</p>	<p>Limerick, Monday 22nd & Tuesday 23rd June 9.45am – 4.30pm</p> <p>REGISTER HERE</p>	<p><i>Anna O'Neill, Education Officer, HSE Midwest Drug & Alcohol Services, Member of Motivational Network of Trainers (MINT)</i></p>

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